

# MONROE COMMUNITY NEWS

## Pastor Earl's Letter

Tuesday, June 27th was a sad day for the town of Monroe and our surrounding communities as we lost an icon with the death of Edith Anne Emery.

A celebration of her life and memorial service were held for Edie Sunday July 2nd at the Monroe Town Hall. We estimate over 200 people came to pay tribute to this amazing woman, whose life accomplishments were centered around her love for family, music, and community.

Just prior to the start of the service, and at the request of Edie Anne's family, Barbara Farr rang the church bells in honor of Edith Anne. Wildflowers picked by Nan Norman and Jeannie Ayer were placed on the steps of Town Hall. Both served as a reminder of how much Edie Anne loved flowers, the church, and birds, especially Oscar!

The Saint Johnsbury Town Band and the North Country Chorus were both part of the service, and they each played and sang two beautiful pieces as a tribute. Edith Anne had been a long-time member of both. Don and Mary Elise Thomas' daughter Megan graciously sang the Our Father, accompanied on piano by Amanda Cob Cashin.

Heather Powers Long, Edith's niece, prepared and delivered a beautiful heartfelt eulogy, speaking of Tia's (Aunt) love for family, music, church and community.

### INSIDE THIS ISSUE

Library Ice Cream Social	2
Town & School News	2
Church BBQ Supper	2
Tick Update	3
Area Events	4

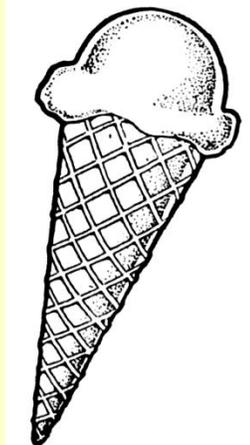
Afterwards, many stood and shared some of their fondest and at times, humorous, remembrances. We heard many stories about doughnuts, the Madrigal Dinner, and birding. One person said, "her doughnuts were the best that I've ever tasted." Ditto for me!

I had the pleasure, privilege and honor of knowing Edith Anne for eight years, and although I did not know her as long and as well as some of you, I'll forever remember her dedication and service to our church and community. She was as dependable and reliable as they come. Her church attendance was impeccable, and now when I look over at the choir chair in which she sat, there will be a void that will never quite be filled. God makes no two fingerprints, snowflakes, or people, alike, and there was only one Edith Anne Emery.

You were so loved, and will be greatly missed by us all. Godspeed, and may you rest in peace.

-- Pastor Earl

## Monroe Library Gets Social



Ice Cream Social, that is. The Library is hosting an ice cream social on Wednesday, July 26<sup>th</sup> at 6:30 PM in the Town Park (right by the library.) The rain location is the Town Hall. Bring your own chair, but that's all – the Library has everything else.

## Town & School News

- A reminder that the remaining “Large Trash Days” are Saturday, July 16<sup>th</sup> and Saturday, September 16<sup>th</sup>.
- Marilyn Bedell would like to pass along her wishes for a good summer, and let everyone know the Town Clerk’s office will be closed on Monday, September 4<sup>th</sup>, for Labor Day.
- The first day of school (sorry, kids, it will be here before you know it!) for MCS is August 24<sup>th</sup>. The Academy holds a student orientation day on August 28<sup>th</sup>, with first day of classes on the 29<sup>th</sup>. Lyndon Institute’s first day of classes is August 28<sup>th</sup>.

## The Church Gets Grilling

The church will host a chicken BBQ on Saturday, July 29<sup>th</sup> at Monroe Town Hall. Supper is from 5-7 PM, with take-outs available from 4:30. Cost is \$12 per person, \$5 for a child. Please call Marguerite or Winston to pre-order, 638-2331. This is the perfect way to keep from heating up your own kitchen, and benefits the church at the same time.

## And a friendly reminder

from Winston Currier. As we get closer to September (hard to believe, isn't it?!), please keep the Lord's Acre Auction in mind for good quality, sale-able items. Please DO NOT drop off anything “electronic”, like televisions, computers, keyboards, printers, etc. You may bring those to Large Trash Days. If you have larger items such as furniture and need help to get them to the church, give Winston a call. (It's always a good idea to let him know when you are dropping off better quality items, so he can store them safely until Auction Day!) This year's Auction will be Saturday, September 9<sup>th</sup>.

**Did You Know? (We didn't!)** New Hampshire had the first “state” constitution in the nation, dating from January, 1776. You can view a whole list of “firsts” and “bests” at a state website covering “folk-life”: [www.nh.gov/folklife/learning-center/firsts-bests.htm](http://www.nh.gov/folklife/learning-center/firsts-bests.htm)

*Thanks to Jessica Sherman for suggesting we provide a reminder about tick-borne illnesses. This press release from the State of NH is from May, but if anything, it's worse now. She also reports there are definitely DEER ticks as well as larger/more 'traditional' wood ticks in our area.*

## **NH Department Of Health And Human Services Urges Residents To Take Precautions Against Multiple Diseases Carried By Ticks**

Concord, NH –NH Department of Health and Human Services (DHHS) wants to remind people living in and visiting the State to take precautions against being bitten by ticks and potentially exposed to Lyme disease and other tick-borne illnesses. **New Hampshire has one of the highest incidence rates of Lyme in the country.** Tick bites can cause other diseases besides Lyme disease. In 2015, there were also 110 cases of anaplasmosis reported, which is caused by a bacterium, and 53 cases of babesiosis, which is caused by a parasite. There have also been two cases of the Powassan virus in New Hampshire residents, the first in 2013 and second in 2016, but it is not known if these were acquired in New Hampshire. The majority of Powassan cases are seen in the Northeast and upper Midwest, which is similar to anaplasmosis, babesiosis, and Lyme disease. These diseases are all transmitted by the blacklegged (or deer) tick.

"Ticks are out, and while we want to encourage people to enjoy the outdoors, we also want to encourage people to take steps to prevent themselves, family members, and pets from being bitten by ticks," said Dr. Benjamin Chan, NH State Epidemiologist. "Preventing tick bites is the best way to avoid getting sick from any number of diseases that ticks can carry." DHHS recommends taking the following precautions to prevent tick bites:

- Avoid tick-infested areas such as overgrown grass, brush, and leaf litter
- Use an insect repellent containing DEET or oil of lemon eucalyptus every time you spend time outdoors
- Wear protective clothing (long pants and long sleeves) to keep ticks off skin
- Do daily tick checks on yourself, family members, and pets after being outdoors
- Reduce ticks around your home by keeping grass short and removing leaf litter
- Speak with your healthcare provider if you are bitten by a tick or if you notice a large bull's-eye rash anywhere on you
- To remove an embedded tick, use fine-tipped tweezers to grasp the tick as close to the skin's surface as possible or if none is available use your fingernails. Pull upward with steady, even pressure. After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol, an iodine scrub, or soap and water.

Lyme disease is caused by the bacterium *Borrelia burgdorferi* and is transmitted to people by the bite of an infected blacklegged tick, also known as the deer tick. The greatest risk for Lyme is between the months of May and August, when the blacklegged tick is in the juvenile stage; it's the size of a poppy seed and very difficult to detect, so individuals may be unaware that they have been bitten. Early symptoms of Lyme disease may include fever, headache, fatigue, and often a skin rash that is round and/or looks like a bull's eye. Lyme disease is treatable with antibiotics, but if left untreated can lead to severe headaches and neck pain caused by meningitis (inflammation of the protective covering surrounding the brain and spinal cord), pain and swelling in the large joints, shooting nerve pains, and abnormal heart rhythms.

Symptoms of anaplasmosis and babesiosis may include fever, headache, chills, and muscle aches; some individuals may not have symptoms. Individuals who are older or whose immune system may not function well can have severe infection with these organisms requiring hospitalization. Both anaplasmosis and babesiosis are treatable with antibiotics.

Powassan is caused by a virus transmitted through the bite of a black-legged tick, and symptoms include fever, headache, vomiting, weakness, confusion, loss of coordination, speech difficulties, and seizures. Approximately half of people who become sick from Powassan have permanent neurological symptoms, such as recurrent headaches, muscle wasting, and memory problems. There is no specific treatment for Powassan.

For more information about Lyme disease and other tick-borne diseases, visit the DHHS website at [www.dhhs.nh.gov/dphs/cdcs/lyme/](http://www.dhhs.nh.gov/dphs/cdcs/lyme/) or the Centers for Disease Control and Prevention website at [www.cdc.gov/ticks/](http://www.cdc.gov/ticks/).

## Summer Fun in the Area

- ✓ Bradford Fair runs July 13<sup>th</sup> – 16<sup>th</sup>.  
Details at [www.bradfordfair.org](http://www.bradfordfair.org).
- ✓ North Haverhill Fair runs Wednesday – Sunday, July 16<sup>th</sup>-30<sup>th</sup>. Hunt Mountain 4H traditionally exhibits at this fair. Info at [www.nohaverhillfair.com](http://www.nohaverhillfair.com).
- ✓ The 5<sup>th</sup> Annual Dan Jock Memorial Fireman’s Muster (which includes craft show and children’s activities) will be Sunday, August 13<sup>th</sup>. Details at [www.danjockmemorialmuster.com](http://www.danjockmemorialmuster.com).

## Fire Permit Reminder!

Please remember ALL fires need a permit. You may download a ‘seasonal’ permit from the State of New Hampshire for \$3 – good ONLY for Class 1 and 2 fires (i.e., small backyard campfire in a fire pit). The web address is [nhdfweb.sovsportsnet.net/](http://nhdfweb.sovsportsnet.net/) Or, give a call to one of our Fire Wardens for a free permit. All other fire classes (i.e. burning brush, fields, etc.) always need a Class 3 permit, good only on the date of the burn/issue. Fire Wardens include Maynard Farr, Dick Cinnamond, Todd Webster, Russ Brown, and Paul Regis.

**Nope, Not Junk Mail! From Your Neighbors at**  
Monroe Community Church  
P.O. Box 125  
Monroe, NH 03771

ECRWSS  
NONPROFIT ORG  
U.S. POSTAGE PAID  
MONROE, NH 03771  
PERMIT NO. 6



POSTAL PATRON  
Monroe, NH 03771